

St John Fisher Catholic High School



Newsletter 6 25 November 2016

Dear Parent / Carer

4G Pitch

Now all of the drainage issues have been dealt with the contractors have started to dig up the field to install the 4G pitch. It will be 11 weeks from start to finish and will be an excellent resource for all of our community to use. The work started on Monday when we had the really heavy rain. Now we have glorious sunshine and the topsoil has nearly all gone, ready for the base to be put down.

After Christmas we will start to refurbish some changing rooms, add another classroom and also refurbish the girls' toilets. As I have mentioned before, we will continue to chase funding streams to improve the fabric of the building.

School Performance

Next week we will be putting on the main performance of the year. I am sure that you are aware that this year we are performing Billy Elliot. Ticket sales are going well, but if you are still without one, please visit the Harrogate International Festival website.

Children in Need

Our students continue to be generous and we raised well over £4,500 (and still counting). Thank you to everyone for their generosity. We were able to raise funds, raise awareness (and have some fun).

Training Day

Just in case you have not remembered, Monday 28 November is a training day and students are not expected to be in school.

Yours sincerely,

A handwritten signature in blue ink, appearing to read 'R A Pritchard'.

Mr R A Pritchard
Headmaster



INFORMATION

Children in Need Week

A huge thank you to all that donated money to the many events that took place during our Children in Need week; a total of £4,500 has been raised so far, with more money due in.

The Cast of the 6th Form Pantomime



One of the many cakes made for the Bake Off Day



Dates for Your Diary

Please see below for forthcoming events; all other events are detailed on the school website.

<http://sjfchs.org.uk/>

Y11 Mock Grades – 5 December

Y11 will be given their mock grades on Monday 5 December and should bring them home that day.

Ski Trips

Sixth Form Ski Trip - February Half Term 2017

The parents information evening for all students going on the sixth form ski trip at February half term will be held in the sixth form dining room on Tuesday 6th December at 6pm (it will last about 45 minutes).

Year 9/10 Ski Trip - Easter 2017

In case any parents want to buy equipment for the ski trip as a Christmas gift I have put a brief list of some of the equipment that will be needed below:

- Salopettes
- Ski Jacket
- Ski Gloves
- Ski Socks (at least 3 pairs)
- Ski goggles and/or sunglasses
- Tights/leggings (to wear under salopettes)
- Top Base layer (can be t-shirt/roll neck top/base layer)
- Fleece top
- Sun and Lip protection

I look forward to seeing all parents at the parents information evening for the Year 9/10 ski trip after Christmas (date to be confirmed).

Miss Burton



MYRIAD Project - My Resilience in Adolescence

As part of the Yorkshire Teaching School Alliance we are committed to using research and pedagogy to improve the student experience, and we are very fortunate to have been selected to take part in a large research project with the University of Oxford. This project will explore resilience and well-being in adolescence and hopes to inform decisions on how to help prepare young people to manage their emotional health and improve resilience to the challenges of adolescence.

This project is aimed at current Year 7 and 8 students, and will involve Oxford University coming into school to conduct surveys and questionnaires. Students will be given a pupil information sheet to tell them all about the project, and form tutors will be explaining this to them in form time. All students will need to sign a consent form if they are happy to take part. All data collected will be kept anonymous.

As a parent we want you to be fully informed about the project and the involvement of your child, and so please find attached a letter informing you of the project, a parent/carer information sheet, and an opt-out letter. You have the right to opt your child out of the research, and if you wish to do so please return this form back to school within seven days. Hard copies of these letters have been sent home to you via your child.

If you require any further information please contact Miss Booth, the school's Research Lead who is co-ordinating the project, or contact the MYRIAD team on the contact numbers found in the information sheets.

<http://sjfchs.org.uk/wp-content/uploads/2016/11/MYRIAD-3-RCT-Parent-Information-Sheet-V1-4-26-10-2016.pdf>

<http://sjfchs.org.uk/wp-content/uploads/2016/11/MYRIAD-RCT-Parent-Invite-Letter.pdf>

<http://sjfchs.org.uk/wp-content/uploads/2016/11/MYRIAD-RCT-Parent-Opt-Out.pdf>

Mindfulness and Wellbeing Evenings – 5 & 7 December

Following on from the success of our first parent support evening regarding mental wellbeing we are going to offer two evenings in December regarding mindfulness and relaxation techniques. The first will be on Mon 5th Dec for all parents and the second on Wed 7th Dec for year 11 parents and their sons/daughters. If you are a year 11 parent and your son/daughter does not wish to take part, why not come to the adults only session to get some ideas that will help them in the lead up to GCSEs? The sessions will start at 7.00pm in the sixth form dining room, if interested please email myself at elambden@sjfchs.org.uk stating how many people are attending and which evening.

The format of the sessions will include:

- Mind jars and mindful play
- What does mindfulness mean?
- The art of attention
- Connection to breathing
- Exercises for pre exams, competitions, revision, chair yoga
- Visualisation and meditation
- Exercises to take home

They will be run by Helen Lehan, one of our parents. Helen started her career as a primary teacher with a specialism in philosophical enquiry and reflection. Since having a family she has continued to develop her interest in this field as well as being a qualified starchild yoga instructor Helen has also developed, written and delivered the Go Yoga Children's and Teens teacher training resources with Sophie Bickerdike.

We hope you are as excited as we are about the evenings and look forward to seeing you there!

Emma Lambden – Pastoral Deputy



Senior Citizen and Community Christmas Party – Friday 9 December

Year 8 pupils will be hosting the annual Senior Citizen and Community Christmas Party on Friday 9th December from 10am - Midday.

Hot drinks and mince pies, musical entertainment, carols and the warmest of welcomes will be provided by the young people. All are very welcome.

If you know of anyone who would welcome an invite, please contact Fran Taylor at the school on 01423 887254 or email ftaylor@sjfchs.org.uk

Donations of raffle prizes or gift and mince pies would be warmly appreciated and can be dropped into school w/c 5th December.

Christmas Liturgy – 14 December

The annual Christmas Liturgy will take place on Wednesday 14 December in the Chapel from 7pm to 9pm.

Year 8 Pupils – Ardèche Trip 2018

Letters have been given out to the students in year 8 for a PGL Watersports trip to the Ardeche and the French Mediterranean.

The trip takes place when the pupils are in year 9, the dates for the trip are 12th to 20th July 2018. Anyone interested please return the information form (attached to the letter) to Mrs Crichton and deposits to be paid on Parent pay.

Places are limited and will be confirmed by Monday 12th December 2016. Spare letters can be found in the Goldfish bowl office.

Any questions, please feel free to email me, ecrichton@sjfchs.org.uk

Drama Department Update

We have a busy term with several theatre trips running, exams, and performances of two major productions. Please see below for details and if your child will be involved.

Theatre Trip: Frankenstein, Harrogate Theatre - Friday 3rd February. Students to meet at the Theatre at 7.10pm. Please arrange suitable transport home from the theatre. This is for Year 10, 12 and 13, please pay on Parent Pay by 16th December.

Year 11 GCSE Drama Devised Performance Exam - this is on 7th December at 7pm in G18. All Year 11 Drama students will be performing their final GCSE devised exam, which is worth 40% of their GCSE. Please come along and support your child.

BILLY ELLIOT - Tickets are available online, and the dates are 29th Nov - 2nd Dec. Please book early to avoid disappointment! See below poster for more details.

SJF Association is calling for volunteers - if anyone able to help serving refreshments, setting up or putting away on any of the days, could they please contact Ann at ann.stephenson1960@gmail.com

Urgent request for raffle prizes for Billy Elliot. We will be holding a raffle each night, so we need prizes to cover 4 raffles please, chocolates, smellies, wine, spirits, any unwanted gifts (new) would all be gratefully received. Please leave them at reception for the attention of Mr D Richardson.



LIBRARY NEWS

Christmas is approaching and the latest Teen Book Club leaflet is here! Order your books cheaply here and help us earn free books for the School Library. Orders can be placed online or manually via the order leaflets distributed in Year 7 and 8 class registers or from the library desk. Make it easier by **placing your order online at <http://schools.scholastic.co.uk/st-john-fisher-rc-hg2>** (where you can browse books for all ages) **by Friday 2 December** and following these instructions:

1. Visit www.clubs-school.scholastic.co.uk/st-john-fisher-rc-hg2 & register.
2. Select the books that you'd like to order and add them to your basket.
3. Checkout and choose the 'school delivery' option for FREE DELIVERY.

Manual orders: Please use the order form on the back of the leaflet. Orders & payment should be left at the Library desk by **Friday 2 December**, cash or cheque only please. Please make your cheque payable to St John Fisher Catholic High School. 20% of the value of your order turns into credit for the Library to purchase new books.

Thank you!

Library Staff

The Attic Newsletter Issue 3

The latest termly edition is now available, click on the link below:

<http://sjfchs.org.uk/the-attic-news-issue-3/>

Our Lady of Kirkstall Parish Confirmation Preparation

As you maybe aware, the Bishop has announced that Confirmation preparation will eventually take place in primary schools. To accommodate this transition, this year any student in the Our Lady of Kirkstall Parish (Churches of Holy Name, Cookridge, St Mary's, Horsforth or The Assumption, Kirkstall) Year 8 or Year 9 (or over) is able and hereby invited to take part in this year's Programme. The course will begin on Sunday 4 December at 4pm in St Mary's Primary School hall with a meeting for candidates and parents. This will be followed by the first session on the same afternoon (for candidates only) from 4.30 to 5.30pm.

Subsequent sessions will be held in the New Year across all three Churches/Church Halls. If you wish to enrol for the Confirmation Programme, please complete an Application Form and hand it to the priest at the end of Mass or at one of the parish offices. The forms are available at the back of each church or can be downloaded from

<http://www.ourladyofkirkstall.org.uk/>

ParentPay

We have reduced the minimum payment for school meals to £5. Please activate your parentpay account to pay for your school meals - your username and password for parentpay are available from the finance department: finance@sjfchs.org.uk 01423 818409

For information, the revaluation machine cannot accept the new polymer £5 and will not be upgraded until the New Year.

Sports Results

Table Tennis

Sammy and Theo Kelly and Luke Furlong played in the opening round of The National Cadet League at Rotherham. This is an Under 15 competition and Theo and Luke were amongst the youngest there. The team avoided the strongest players by being drawn in the B League, and won 2 of their 3 matches easily, and the other in a closer game.



Sammy did not lose a match all day - 8 out of 8, and could have coped in the A League, but Theo and Luke would have found it difficult. So it was probably the right place for them, although if there was a weak team in the A League, they may be promoted.

Theo and Luke won most of their matches, and showed great promise
The next round is in December, then January and March.

Last week saw the 2nd Round of The Charity Cup Competition (the FA Cup of the Harrogate League).

The A Team of Dale and George Gibson and Sammy Kelly (playing in Division 2) met Ripley Star C of Division 1 and received a 110 point handicap lead. They played really well to win by 110 points - 426-316
With handicaps taken into consideration, Sammy ended with a +56 score, Dale +46 and George +8

The B Team of Tom Hudson, George Asbury and Matthew Lynch (playing in Division 4) met Burnbridge A—
Division 3
Fishers B won by 52 points from a handicap start of + 142
George ending on +29, Matthew +14 and Tom +9

The C Team of Theo Kelly, Luke Furlong and Jonathan Shepherd met Division 2 team—Wetherby A and went down by 378-373 in a fascinating match.
But on reflection the Handicaps were wrongly calculated, Fishers C should have received a 226 start rather than the 214 we played to so a Replay may have to be played, as it would be unfair to claim the match.
Luke ended on +12, Theo -1 and Jonathan -16

The D Team were not involved having been beaten in the 1st round by Fishers A

The League matches resume this week
Fishers A lie 2nd in Division 2
Fishers B are top of Division 4
In Division 5 Fishers C are 2nd and Fishers D 3rd but other teams have games in hand

Cross Country

Regional Cross Country Finals

The Junior and Intermediate boys took part in the Regional Cross Country finals at Middlesborough on Saturday 12 November.

The **Inter boys** finished **9th** despite missing 2 of their best runners.
Credit to the boys to still put out a team and a good performance;
Ben Barker 26th, Evan Ward 39th, James Keelan Edwards 43rd and Ciaran James 51st (unfortunately Joe Gosling had to retire half way through due to injury).

The **Junior boys** ran even better and finished **3rd** which means they have qualified for the National Finals in Formby on Saturday 3rd December. By doing so they also pushed close rivals St Aidan's into 4th and out of the qualifying positions.
Will Hugill led all the way round until the last 10m where he was pipped on the line.

Positions were: Will Hugill 2nd, Callum Hodgson 14th, Dominic Jones 17th, Alex Rennocks 27th, Dan Kaye 45th and Oliver Stables 55th

This means that the school has maintained a record of having had a team in the National Finals for the last 12 years - some achievement when you compare the schools that we are up against.

Area Cross Country Championships

We are still waiting for the **team** results to arrive from the Area Cross Country Championships but we can congratulate 3 of our students on being crowned **individual area cross country champions**:



Senior Girls champion: Phoebe Crawford

Junior Boys champion: Ethan Hussey

Year 8 Boys champion: Will Hugill

Girls Football

U14 Team

A good second half team performance sent the U14 Girls into the Semi Final of the North Yorkshire Cup, after a 9-2 victory against King James.

Players of the match:

Cass Lane, Jess Flynn, Mia Cook.

Goal Scorers:

Cassidy Lane (5)

Niamh Barker

Jess Flynn

Katie Barlow

Carys McDonnell

U13 Team

The St John Fisher U13 Girls Football team are through to the Semi-Final of the North Yorkshire Cup after a thrilling 3-2 victory against Richmond.

Player of the Match: Olivia Delaney

Goalscorers: Therese Tolan (2), Robyn McKendrick

Captain: Tara O'Neill



Sports Fixtures

Tuesday 29 November

Y9B Boys Football v Harrogate High @ Harrogate High, 14:30-16:00

U16 Girls Football North Yorkshire Cup v King James @ King James, KO 14:45-17:00

ESFA Y8 Boys Football v Richmond School @ Richmond, 12:30-16:30

Wednesday 30 November

Y7A & B Netball v Boroughbridge @ Boroughbridge, 15:00-18:00

6th Form Football v All Saints College @ York College, 12:30-16:00

Monday 5 December

Y7 Friendly Netball Tournament @ Ashville, 15:00-18:00

Y9B Friendly Netball v Ripon Outwood @ SJF, 15:50-17:30

Tuesday 6 December

Y10 Netball v King James @ KJS, 15:00-18:00

Wednesday 7 December

Y8 Netball v Ripon Grammar @ Ripon, 15:00-18:00

Y11 & 6th Form Netball v Harrogate Grammar @ SJF, 16:00-18:00

Monday 12 December

Y7C Netball v King James @ King James. 16:00-17:30

PE Extra Curricular Timetable

Please see below for PE Extra Curricular Timetable.



DANCING INTO HARROGATE!

MUSIC BY
**ELTON
JOHN**

BOOK & LYRICS BY
**LEE
HALL**

ORIGINAL DIRECTOR BY
**STEPHEN
DALDRY**

BILLY ELLIOT

THE MUSICAL



The West End
Smash Hit

“Electrifying”

“Irresistable”

“Exhilarating”

St. John Fisher Catholic High School, Harrogate

29th November - 2nd December 2016

Tickets available from www.harrogateinternationalfestivals.com
or by calling the box office on (01423) 562303 Tickets £10-15



News from the Science Desk – November 2016

Year 7

I am pleased to announce that the Science club which started on the 3rd November, has been well attended, those that attend will experience a range of different fun Scientific activities and practicals.

Year 8

A short reminder that the revision resources below are still open to Y7 and Y8. Y8 will find these increasingly useful as they experience the more complicated topics that they encounter. Both years will find these particularly useful when they come to prepare for end of unit, and end of year, tests.

Revision Material for Year 7 and 8

Collins KS3 Revision Science ISBN 978-0-00-756282-4

CGP Key Stage Three Science - The Workbook ISBN 978-1-84146-239-4

The two books above can be obtained for a combined price of £7.50 from the Science prep room, and will allow pupils to consolidate their understanding in addition to the support material and worksheets for the whole key stage in the KS3 area of the VLE. We have now put these on parent pay also, should you choose this option, please print out the relevant screen and send in with your son/daughter to collect the books.

The VLE does NOT require a log in, please follow the links that are open to all members of the public from the school website.

Year 9

I hope that all Y9 pupils have now activated their Kerboodle accounts. We have identified suitable revision guides and work books for the new curriculum. We will carry a rolling stock of books that are suitable for Revision Guide and Workbook together for Combined Science (£10), and Revision Guide and Workbook for each of Biology, Chemistry and Physics (£4 each). If you are unsure as to which is the most suitable then the class teacher will be able to advise accordingly.

I am pleased to announce that two of our year nines have been invited to the North East Challenge Final, having been part of the team that won the York Gifted and Talented Science and Technology Challenge Day. This event will take place in January 2017 at the University of Sheffield.

Year 10

There are 3 groups of separates, of around 25 students per class, which will allow additional setting after the first mock examinations in Science, at the end of this term, or the beginning of next where there is evidence to suggest that this is advisable.

Alternatively students will pursue Combined Science as detailed above. There is no assessment through coursework, but pupils may be tested on their practical approach within the terminal examinations.

We have had some requests to be considered for Separates and I would encourage those pupils to prepare and perform well to put themselves in the best position. Some other pupils are seeking to make the move in the opposite direction, due to the increased rigour of the new specification, the depth of knowledge required (including some A-level standard concepts), the need to remember and rearrange a number of equations and the breadth of the topics. This will cover the first units of Biology, Chemistry and Physics that pupils have encountered in Y10, and will allow us to review setting in either direction.

We have identified suitable revision guides and work books for the new curriculum. We will carry a rolling stock of books that are suitable for Revision Guide and Workbook together for Combined Science (£10), and Revision Guide and Workbook for each of Biology, Chemistry and Physics (£4 each). If you are unsure as to which is the most suitable then the class teacher will be able to advise accordingly.

Pupils will continue to have access to Kerboodle which will provide on-line text books supporting the new specification together with a suite of further resources which are very useful if accessed.



Year 11

Once the mock examination results have been issued to pupils will help pupils analyse their areas of strength and weakness, which they will need to go over and work on immediately.

The next batch of ISAs are now being covered in class, with Separates undertaking their Chemistry ISA over the next two weeks. Dual Science pupils should now have completed ISAs for their Core Science and Additional and will be given the opportunity of doing at least one more in each, the higher mark in each being the one put forward to the examination board.

A number of pupils have failed to attend the intervention sessions arranged for them, I have passed these details to Ms Lewis and Mr Sharpe, and will be emailing parents in the next week. Other pupils who are keen to attend these sessions, are now encouraged to do so. I hope to be able to offer after school sessions with motivated sixth formers from after Christmas.

The resources and support that we are able to offer provide pupils with an excellent opportunity to gain the grades that their own hard work and efforts warrant. Pupils will retain their access to Kerboodle, and can utilise the VLE to consolidate and stretch their learning, as well as access to past papers and mark schemes.

Students are able to purchase the appropriate revision guides from the Science prep room at £2.50 per book, and can ask their classroom teacher as to which would be the most appropriate to obtain.

Microbiology Club

Mr Bulcock and Miss Hogg have launched the microbiology club with the next batch of bacteriologists in Y9 who are now growing cultures from samples taken from around the school.

Finally

Thank you to all parents for your support over the year, and as ever should you have any questions or queries, then please do not hesitate to contact me, but please note the email address of:

rtanner-smith@sjfchs.org.uk

Mr Tanner-Smith
Head of Science

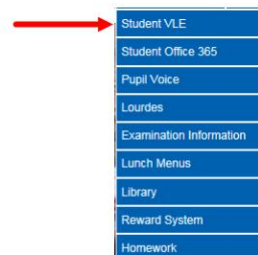
VLE

On the KS3 area of the VLE are support materials, the first of the support materials is an interactive booklet and requires students to log on using their school log on, and a password of 'password' until changed, the second of which provides summary/revision sheets for the appropriate topics.

1. Click on either of these two tabs on the school website.



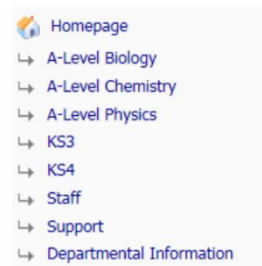
2. Scroll down and click on Student VLE:



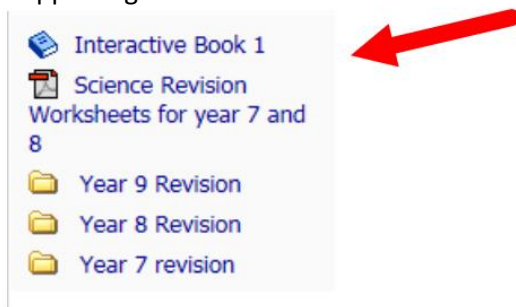
3.Scroll down to Science



4.Click on the subject area that you would like to explore.



5.The KS3 area has two large resources supporting the whole of Y7 and Y8.



The interactive book requires a log in which is the same as students' email address (Year of start at SJF, first 5 surname letters, initial – e.g. 09TanneR), with password set as password until changed. There have been some technical issues with some PC software issues for this resource, so if there are any problems do use the 2nd resource.

The Science revision sheets **do not** require a login, and can be printed out, with the answers at the end of the resource.

6.The GCSE area is now divided in to:

- Dual Science
- GCSE Physics
- GCSE Biology
- GCSE Chemistry
- GCSE Astronomy
- ISA



7.From here you can access the material relevant to the area of study, as well as the link to Kerboodle (for Y9,Y10 and Y11)

To log on:

Username: Initial followed by surname (e.g. rtannersmith)

Password: Initial followed by surname again (you will be prompted to change this once logged on).

Centre no: qjq1 (QJQ1 –in lower case)



Revision Apps

In this day of portable devices, you may like to explore the following revision applications:

Test and Learn Science GCSE AQA.

AQA Core Science GCSE textbook.

Getrevising.co.uk

Make an exam revision timetable

Install exam dates

Exam board, unit and topics

How many hours wanting to be dedicated.

Links to exam board specific revision materials such as flash cards and mind maps.

We have had very positive responses from those pupils and parents who have utilised this resource thus far.



PE EXTRA-CURRICULAR TIMETABLE 2016 -2017 (SEPT - EASTER)

Day	LUNCH TIME – 12:30 – 1.15PM		AFTER SCHOOL – 3.45- 5PM	
	SPORT	TEACHER	SPORT	TEACHER
MON	YEAR 7 BOYS FOOTBALL GCSE PE PRACTICAL VOLLEYBALL YEAR 11 & 6 TH FORM BOYS RUGBY ALL YEARS GIRLS RUGBY	MR KNOWLES MR PASS MR FOX MISS HUEGETT	YEAR 7 BOYS FOOTBALL YEAR 7 NETBALL YEAR 8 BOYS RUGBY YEAR 9 NETBALL	MR KNOWLES MISS THOMAS MR PRITCHARD MRS CRICHTON
TUES	YEAR 7 NETBALL	MRS PALMA & MISS THOMAS	YEAR 11 & 6 TH FORM NETBALL	EXTERNAL COACH
WEDS	6 TH FORM BOYS FOOTBALL	MR PASS	ALL YEARS GIRLS FOOTBALL YEAR 8 NETBALL YEAR 10 BOYS FOOTBALL ALL YEARS GIRLS & BOYS TABLE TENNIS	MISS HUEGETT MISS THOMAS MR OWEN MR MILLS
THURS	YEAR 7 BOYS FOOTBALL ALL YEARS GIRLS FOOTBALL	MR KNOWLES MISS HUEGETT	YEAR 10 NETBALL YEAR 9 BOYS FOOTBALL YEAR 7, 9 & 10 BOYS RUGBY	MRS NIGHTINGALE MR PASS MR FOX & MR CRAIG
FRI	ALL YEARS BOYS & GIRLS X COUNTRY YEAR 8 BOYS FOOTBALL	MR KNOWLES & MISS THOMAS MR HUSSEY	BADMINTON CLUB	EXTERNAL COACH
PLEASE NOTE: THE FITNESS SUITE IS AVAILABLE FOR USE EVERY LUNCH TIME AND AFTER SCHOOL UNTIL 5PM				

