

KS3 Curriculum

St John Fisher Catholic High School Dance Yr7			
	AIMS	CONTENT	APPRECIATION
Lesson 1	<ol style="list-style-type: none"> 1. Learn the 5 basic actions of dance and be able to identify them. 2. Perform a sequence that includes all 5 actions of dance 	Teacher sequence; learn master and perform	Identify and describe the use of the five basic actions of dance in choreography.
Lesson 2	<ol style="list-style-type: none"> 1. Recap the 5 basic actions of dance. 2. Learn what dynamics are and understand their meaning in dance. 3. Learn to communicate: energy, strength and speed through dance performance. 	Choreography task in pairs	Complete appreciation sheet on identifying dynamics in their choreography using WWW and EBI
Lesson 3	<ul style="list-style-type: none"> • Review our understanding of Actions and Dynamics. • Learn how space is used in dance. • Use a phrase of movement to explore how space can be changed in dance, using a variety of formations, levels and directions. 	Use of space resources to challenge floor pathways, formations and levels	Record the use of space of the duo in an empty stage.
Lesson 4	<ol style="list-style-type: none"> 1. To recap our understanding of Action, Dynamics and Space. 2. An introduction to the musical STOMP using rhythms and sounds. 	Pupils to learn a sequence with the use of a basketball.	To record their four phrases and how each has been developed. Highly differentiated.
Lesson 5	<ul style="list-style-type: none"> • To understand what relationships mean in dance. • To develop “STOMP” sequence using a range of relationships. 	Explore a range of relationships and choreographic devices to develop the “Stomp” sequence.	Record in booklets their use of relationships and choreographic devices to develop the “Stomp” sequence.
Lesson 6	<ul style="list-style-type: none"> • To understand the demands of the success criteria ready for assessment. To set targets and respond to feedback 	To prepare for performance in their selected genre/sequence. To independently work on their own performance skills ready for assessment.	Respond to feedback. WWW EBI

St John Fisher Catholic High School Dance Yr8			
	AIMS	CONTENT	APPRECIATION
Lesson 1	<ol style="list-style-type: none"> 1) To be able to identify when we use the five basic actions in dance 2) To be able to explore a variety of actions and select for choreography. 	Street Dance Technique Corner work Learn set sequence	Identify and describe the use of the five basic actions of dance in choreography.
Lesson 2	<ul style="list-style-type: none"> • To understand what dynamics are and it's meaning in dance. • To be able to explore and perform dance in a variety of dynamics. 	Dreams and Nightmares Use of professional work to introduce and identify a range of dynamics. Learn and perform "Dreams and Nightmare" sequence.	Complete appreciation sheet on identifying dynamics in the professional work.
Lesson 3	<ul style="list-style-type: none"> • To explore how space can be used in dance focussing upon levels, direction and formations. 	Billy Elliot- Electricity Learn set phrase and develop in groups according to: Levels Direction Formation	Record the use of formation of the group in an empty stage.
Lesson 4	<ul style="list-style-type: none"> • To explore space further as to how movement can be manipulated according to space. • Exploration of levels, spatial proximity, initiation by body parts and distance 	Isolation and Unification In a quartet, pupils to choreograph a 4x8 phrase which each phrase of 1x8 will be labelled 1-4. Chance choreography – each groups will be given the task of developing their phrase according to the cards they are given.	To record their four phrases and how each has been developed. Highly differentiated.
Lesson 5	<ul style="list-style-type: none"> • To establish a trusting relationship between pupils working in pairs and small groups • To explore (and select) the use of contact work and physical theatre in dance 	Physical Theatre Teacher guided demonstration of a variety of lifts and contact work which could be used. Use of images and videos to be used as a source of inspiration.	Reflect and make notes upon images used for inspiration
Lesson 6	<ul style="list-style-type: none"> • To understand the demands of the success criteria ready for assessment. To set targets and respond to feedback 	To prepare for performance in their selected genre/sequence. To independently work on their own performance skills ready for assessment.	Respond to feedback. WWW EBI