

### PSHCE Scheme of Work Term 1 2017 – 2018

<b>Week</b>	<b>Year 7</b>	<b>Year 8</b>	<b>Year 9</b>	<b>Year 10</b>
w/b 04/09/2017 and 11/09/2017	Intro to PSHCE lesson. Outline expected behaviours for future lessons	Intro to PSHCE lesson. Outline expected behaviours for future lessons	Intro to PSHCE lesson. Outline expected behaviours for future lessons	Intro to PSHCE lesson. Outline expected behaviours for future lessons
w/b 18/09/2017 and 25/09/2017	To begin to explore strategies for coping with transition to secondary.	To develop strategies to keep safe when out and about.	To begin to explore the effects of alcohol.	To understand what is meant by 'teenage relationship abuse' and how to keep safe.
w/b 02/10/2017 and 09/10/2017	To understand how to establish positive relationships.	To understand the reasons for and the risks of running away. To know how to keep safe by identifying safe networks.	To learn about how it is possible to drink responsibly, if I choose to drink.	To understand what is meant by the term 'consent' and what this means within healthy relationships.
w/b 16/10/2017 and 30/10/2017	To understand how relationships within a family change as we get older.	To understand some of the reasons for bullying and where to get help. To understand why bullies need help too.	To understand the range of long and short term consequences of drinking alcohol.	To consider the reasons why we may or may not decide to engage in sexual activities.
w/b 06/11/2017 and 13/11/2017	To recognise the different behaviours we display when we get angry and how to manage them.	To gain a greater understanding of cyberbullying and its effects.	To increase awareness of the risks associated with taking drugs and the impacts of some of the most common drugs.	To understand the issues and possible consequences of 'sharing intimate images'.
w/b 20/11/2017 and 27/11/2017	To understand the consequences of bullying and develop strategies for preventing and dealing with it.	To gain a greater understanding of homophobic bullying and its effects.	To use the skills and knowledge gained while learning about alcohol and drugs to help keep myself and my friends safe.	To increase knowledge and awareness of STI's as a potential consequence of engaging in sexual activity.
w/b 04/12/2017 and 11/12/2017	To continue to reflect on and develop strategies to help me, my friends and future students settle in to SJF.	To understand the power and influence that we can all have by campaigning against bullying in our school.	To understand the difference between negative and positive ways of relaxation. To understand that positive ways of relaxation can help to improve our health and well-being.	To understand the difference between pornography and 'real' sex. To reflect on the knowledge and skills gained in this terms lessons.

### PSHCE Scheme of Work Term 2 2017 – 2018

Week	Year 7	Year 8	Year 9	Year 10
w/b 18/12/2017 & 08/01/2018	To learn about why young people may choose to drink alcohol and the risks associated with it as well as how to make safe choices.	What is self-esteem? What helps and harms my self-esteem?	Intro to unit on careers – to identify the skills that are needed for employment in the 21 <sup>st</sup> century	Intro to unit on careers – to begin to identify my strengths, interests and personality.
w/b 15/01/2018 & 22/01/2018	To learn about why people may choose to smoke and how to resist the pressure to do so.	What is meant by ‘appearance ideals’? What impact do ‘appearance ideals’ have and what can we do about them?	To consider the importance of challenge and how to overcome it.	To explain the concept of a Career Journey so students can begin to plan their own.
w/b 29/01/2018 & 05/02/2018	To learn about how social media can influence and affect perceptions about body image and cause stress.	How are ‘media messages’ manipulated? What impact can ‘media messages’ have and what can we do about it?	To understand what creativity is and how it can be used.	To identify the top 5 skills needed for employment and to begin to consider how to use them.
w/b 19/02/2018 & 26/02/2018	To learn how to manage the stress that may result from excessive use of social media including FOMO (Fear of Missing Out)	To understand how comparing ourselves to others can have negative consequences and how to respond to this.	To understand what is meant by enterprise and how to put enterprise skills into practice.	To identify the top 10 skills and consider how they can be applied by considering a range of ‘workplace challenges’.
w/b 05/03/2018 & 12/03/2018	To learn about the potential effects of exam stress on our physical and emotional wellbeing and ways to manage it.	To recognise the problems that ‘body talk’ can cause and how to build body confidence.	To begin to understand the importance of money skills.	To understand there are a range of ways to improve our skills and increase our employability.
w/b 19/03/2018 & 26/03/2018	To learn about the impact of bullying and cyberbullying as well as exploring appropriate ways of responding to discriminating, hurtful or intimidating behaviour.	To understand the emotional impact of low self-esteem on our health and wellbeing including eating disorders.	To identify money skills by completing the money personality quiz and evaluating the results.	To begin to understand how to ‘sell yourself’/promote your skills and attributes.
w/b 16/04/2018 & 23/04/2017	To develop strategies for forming positive relationships.	To celebrate individuality. How can we be the change in our world and champion body confidence?	To play the ‘Budget game’ and recognise what is needed to be successful ie to understand the importance of controlling your finances.	To understand how to write a CV and use it to promote your skills.

### PSHCE Scheme of Work Term 3 2017 – 2018

<b>Week</b>	<b>Year 7</b>	<b>Year 8</b>	<b>Year 9</b>	<b>Year 10</b>
w/b 30/04/2018 & 07/05/2018	Who am I? Where do I come from? To consider the implications of 'The Greatest Journey'.	What are the different types of government? What are their key features?	What are the different types of government? What are their key features?	What are the different types of government? What are their key features?
w/b 14/05/2018 & 21/05/2018	What is equality/inequality? What is the difference between equality of opportunity and equality of outcome?	Where does power lie in the UK Parliament?	Where does power lie in the UK Parliament?	Where does power lie in the UK Parliament?
w/b 04/06/2018 & 11/06/2018	Why do we need laws on race equality?	What are the differences/similarities between MPs and Peers?	What are the differences/similarities between MPs and Peers?	What are the differences/similarities between MPs and Peers?
w/b 18/06/2018 & 25/06/2018	What is discrimination? Does the law change people? Why has equalities law changed over time?	How are laws made?	How are laws made?	How are laws made?
w/b 02/07/2018 & 09/07/2018	What are protected characteristics and why do we need them?	How are our Human Rights protected by laws in the UK?	How are our Human Rights protected by laws in the UK?	How are our Human Rights protected by laws in the UK?
w/b 16/07/2018	To what extent have changes in the law to promote equality been successful? How can we make society more equal?	Debate on the impact of the Digital Age on our Human Rights. Freedom: Cyberbullying and its consequences	Debate on the impact of the Digital Age on our Human Rights. Privacy: Facebook's Mood Experiment	Debate on the impact of the Digital Age on our Human Rights. Freedom: Trolling as a freedom of expression.