

PSHCE Scheme of Work Term 1 2018 – 2019

Week	Year 7	Year 8	Year 9	Year 10
w/b 03/09/2018 and 10/09/2018	Intro to PSHCE lesson. Outline expected behaviours for future lessons	Intro to PSHCE lesson. Outline expected behaviours for future lessons	Intro to PSHCE lesson. Outline expected behaviours for future lessons	Intro to PSHCE lesson. Outline expected behaviours for future lessons
w/b 17/09/2018 and 24/09/2018	To begin to explore strategies for coping with transition to secondary and how to form positive relationships.	To develop strategies to keep safe when out and about.	To begin to explore the effects of alcohol.	What is love? Are there different types of love? What does it mean to 'be in love' or 'fall in love'?
w/b 01/10/2018 and 08/10/2018	To understand how relationships within a family change as we get older.	To understand the difference between healthy and unhealthy relationships in social groups.	To learn about how it is possible to drink responsibly, if I choose to drink.	To discuss what is meant by 'teenage relationship abuse' and how to keep safe.
w/b 15/10/2018 and 22/10/2018	To recognise the different behaviours we display when we get angry and how to manage them.	To understand the risks and consequences of gang related behaviour.	To understand the range of long and short term consequences of drinking alcohol.	To understand what is meant by the term 'consent' and what this means within healthy relationships.
w/b 05/11/2018 and 12/11/2018	To begin to understand the consequences of bullying and develop strategies for preventing and dealing with it.	To explore exit strategies to enable someone to leave a gang safely as well as how to get help if concerned about gang behaviour.	To increase awareness of the risks associated with taking drugs and the impacts of some of the most common drugs.	To consider the reasons why we may or may not decide to engage in sexual activities.
w/b 19/11/2018 and 26/11/2018	To learn more about the meaning and impact of bullying and cyberbullying as well as further exploring ways to respond.	To understand the potential consequences of carrying a knife and how it is possible for young people to live knife free.	To develop strategies that help us make 'smart' choices – how to say 'no'.	To understand the issues and possible consequences of 'sharing intimate images' as well as the danger of online grooming.
w/b 03/12/2018 and 10/12/2018	To reflect on this terms lessons and produce a guide for future students settle in to SJF. House competition task.	To use the Run, Hide, Tell resources to learn about what to do if we are caught up in a terror attack.	To use the skills and knowledge gained while learning about alcohol and drugs to help keep myself and my friends safe. House competition task – poster/ guide to planning a successful party.	To increase knowledge and awareness of STI's as a potential consequence of engaging in sexual activity. To understand the difference between pornography and 'real' sex including the rise in 'revenge porn'. To reflect on the knowledge and skills gained in this terms lessons.

PSHCE Scheme of Work Term 2 2018 – 2019

Week	Year 7	Year 8	Year 9	Year 10
w/b 17/12/2018 & 07/01/2019	To learn about why young people may choose to drink alcohol and the risks associated with it as well as how to make safe choices.	What is self-esteem? What helps and harms my self-esteem?	EconoME 1 What influences my decisions?	EconoME 1 What influences my decisions?
w/b 14/01/2019 & 21/01/2019	To learn about why people may choose to smoke and how to resist the pressure to do so.	Is the 'body perfect' an illusion?	EconoME 2 How can I make informed decisions?	EconoME 2 How can I make informed decisions?
w/b 28/01/2019 & 04/02/2019	To learn about how social media can influence and affect perceptions about body image and cause stress.	Are you really you on social media?	EconoME 3 Why do my decisions matter?	EconoME 3 Why do my decisions matter?
w/b 11/02/2019 & 18/02/2019	To learn how to manage the stress that may result from excessive use of social media including FOMO (Fear of Missing Out)	Why is 'body talk' a bad idea?	What is the 'Future of Work' and how can I prepare for it?	What is the 'Future of Work' and how can I prepare for it?
w/b 04/03/2019 & 11/03/2019	To learn about the potential effects of exam stress on our physical and emotional wellbeing and ways to manage it.	To understand the emotional impact of low self-esteem on our health and wellbeing including eating disorders.	To use the Run, Hide, Tell resources to learn about what to do if we are caught up in a terror attack.	To use the Run, Hide, Tell resources to learn about what to do if we are caught up in a terror attack.
w/b 18/03/2019 & 25/03/2019	To understand the potential consequences of carrying a knife and how it is possible for young people to live knife free.	To celebrate individuality. How can we be the change in our world and champion body confidence?	To understand the potential consequences of carrying a knife and how it is possible for young people to live knife free.	To understand the potential consequences of carrying a knife and how it is possible for young people to live knife free.
w/b 01/04/2019 & 08/04/2019	To use the Run, Hide, Tell resources to learn about what to do if we are caught up in a terror attack.	The Sleep factor – the importance of sleep for our health and wellbeing.	The Sleep factor – the importance of sleep for our health and wellbeing.	The Sleep factor – the importance of sleep for our health and wellbeing.

PSHCE Scheme of Work Term 3 2018 – 2019

Week	Year 7	Year 8	Year 9	Year 10
w/b 29/04/2019 & 06/05/2019	Who am I? Where do I come from? To consider the implications of 'The Greatest Journey'.	What are the different types of government? What are their key features?	What are the different types of government? What are their key features?	What are the different types of government? What are their key features?
w/b 13/05/2019 & 20/05/2019	What is equality/inequality? What is the difference between equality of opportunity and equality of outcome?	Where does power lie in the UK Parliament?	Where does power lie in the UK Parliament?	Where does power lie in the UK Parliament?
w/b 03/06/2019 & 10/06/2019	Why do we need laws on race equality?	What are the differences/similarities between MPs and Peers?	What are the differences/similarities between MPs and Peers?	What are the differences/similarities between MPs and Peers?
w/b 17/06/2019 & 24/06/2019	What is discrimination? Does the law change people? Why has equalities law changed over time?	How are laws made?	How are laws made?	How are laws made?
w/b 01/07/2019 & 08/07/2019	What are protected characteristics and why do we need them?	How are our Human Rights protected by laws in the UK?	How are our Human Rights protected by laws in the UK?	How are our Human Rights protected by laws in the UK?
w/b 15/07/2019	To what extent have changes in the law to promote equality been successful? How can we make society more equal?	Debate on the impact of the Digital Age on our Human Rights. Freedom: Cyberbullying and its consequences House competition task.	Debate on the impact of the Digital Age on our Human Rights. Privacy: Facebook's Mood Experiment	Debate on the impact of the Digital Age on our Human Rights. Freedom: Trolling as a freedom of expression.