



St John Fisher Catholic High School

EDUCATING FOR LIFE

HOOKSTONE DRIVE – HARROGATE – HG2 8PT

Head Teacher: Mr P Brockwell B.Ed.

Telephone: (01423) 887254 Fax: (01423) 881056 Website: www.sjfchs.org.uk Email: office@sjfchs.org.uk

Dear Parent / Carer,

RE: House T-shirts and Sports Day

03 June 2019

At St John Fisher we pride ourselves on being able to provide an array of educational, sporting, recreational and well-being opportunities for **all** our students regardless of age, gender or ability. We aim to enrich, inspire and empower every student to be the best person they can be by creating a positive environment built on our school values. We are currently seeking to embed and reinforce the school house system as we feel this is an effective way of encompassing our school aims. The house system will also enable our students to continue to develop their inter-personal, social and physical skills, and widen participation across all year groups.

St John Fisher has a long-standing reputation for excellence in its extended curriculum activity – sport, music, dance, drama and indeed across other departments. Our teams are regular winners in all kinds of competition, both local and national. We are extremely proud of these achievements as well as the commitment and dedication our students demonstrate. Our students are naturally competitive and enjoy taking part in activities, which are both recreational and rewarding. We are all aware that our students face unprecedented stress in their teenage years and the house system can make a significant contribution to our “well-being” programme. We believe that the house system can also widen participation through numerous activities across all departments and have a positive impact on our students. As a school, we would like to introduce “house t-shirts” as we believe by everyone owning a house t-shirt this will help provide a team identity and instil a sense of belonging and community within the Fisher’s family.

We have secured an excellent deal with a local t-shirt company which will enable every student and member of staff at St John Fisher to identify with their house team. This way both students and staff can express ownership of the system. We are asking for a contribution of £3 (via ParentPay) to purchase a House t-shirt for your son / daughter. The St John Fisher logo, house name and St John Fisher text printed will be printed on the t-shirt and will reflect their designated house colour. These t-shirts will be theirs to keep and will be used for all house events going forward, starting with our annual sports day on 26 June 2019. We would love for **all** our staff and students to be sporting their house t-shirt at Sports Day. Please see below for further information regarding Sports day.

Sports Day 2019

We are excited to announce that this year’s Sports Day is going to be a ‘whole’ school event, in conjunction with the inter-house system.

Our St John Fisher Sports Day will take place on Wednesday 26th June and will be an all-day event for Year 7-10 and all staff. The day revolves around the house system, and aims to provide a positive and inclusive environment based on mass participation and enjoyment for all students. Every student and member of staff will represent their house and compete in a wide range of individual and team events that are inclusive for all, to earn points for their house.

In order to try and promote mass participation and enjoyment during Sports Day, students will have the opportunity to compete in traditional events along with some non-traditional events such as welly wanging, the egg and spoon race, sack race, obstacle course, and wheelbarrow race. These events will also be house races and will include a boy and girl from each year group plus several members of staff representing their house as a team.





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Everybody matters. We would like everyone to embrace the day with confidence and a positive attitude, knowing they have the full support of their peers and they are part of a team. The excitement levels are already beginning to rise as students have already started to select the events they would like to compete in on Sports Day. Students will now have the opportunity to propose ideas for their house stalls and lunch time activities to further their enjoyment on the day.

Outline of the day:

Period 1 & 2

Field Events – 1 boy and 1 girl from each form to represent their house in 1 of the following events:
High Jump, Long Jump, Javelin, Discus, Shot Putt, 800m, Welly Wanging

Alternative options:

Year 7 & 8 – Mixed Football, Mixed Netball, Form Challenges, Banner Making, Quiz

Year 9 – Yoga, Tug of War / Dodgeball, Mixed Football, Mixed Netball

Year 10 – Form Challenges, Guest Speaker, Yoga, Tug of War / Dodgeball

Period 3 – All students on the field

100m Sprint, Hurdles, House Sack Race

Period 4 & 5

13:30 – 14:00 – Half of Year 10 – Mixed Football, Mixed Netball

House Obstacle Course, House Egg and Spoon, House Wheelbarrow, House Mixed 100m Relay

Results

*If for any reason your son / daughter cannot take part in sports day, please provide a doctor's note to their PE teacher before the day. We can then ensure your son/daughter can still play an active role in the day through officiating, timing, scorekeeping etc. (where possible).

On Wednesday 26 June, we would like all students to come to school in their St John Fisher PE Kit, suitable trainers and the house t-shirt that they have purchased. Please ensure students have sufficient food and drink as well as sun protection / warm clothing depending on the weather. Break and lunch times will run at their usual times with the school canteen operating as normal. However, there will be an opportunity to purchase snacks and ice cream from house stalls and partake in fun house activities for a small fee.

Hopefully the weather will be on our side and we can look forward to what should be a great day of sport. We will inform you of any developments using the St John Fisher Facebook and website.

Thank you for supporting this important initiative to support the health of our students and increase participation levels in these invaluable activities. If you have any queries, please do not hesitate contact me; chuegett@sjfchs.org.uk

Yours Sincerely,

The PE Department

