

MENU PLAN WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					NO MEAT
MEAL DEAL	HOME MADE ITALIAN MEAT BALLS WITH TOMATO SAUCE & PASTA TWIRLS	SALMON & TUNA PASTA BAKE WITH GARLIC BREAD AND MIXED SALAD	ROAST PORK DINNER WITH YORKSHIRE PUDDING	CHICKEN PIE & ROAST GRAVY (NF)	FRIED FISH WITH FRENCH FRIES AND GARDEN PEAS (NF)(DF)
ALLERGENS	BBQ CHICKEN LEG	(NF) (DF)	PORK – NO YORKSHIRE (GF) (DF) (NF)		
MAIN MEAL	BBQ CHICKEN WITH POTATO WEDGES & VEGETABLES (GF) (NF) (DF)	CHILLI BEEF TORTILLA BAKE WITH NAN BREAD & BISTRO SALAD (NF)	CHICKEN CASSEROLE (DF)(NF)	CHICKEN KORMA WITH PILAU RICE AND NAN BREAD	CHEESE & ONION QUICHE
				(NF) (GF)	GLUTEN FREE PIZZA (GF) (DF)
					ITALIAN STYLE PANNIN WITH FRENCH FRIES
VEGETARIAN OPTION	PASTA/TOMATO SAUCE (DF) (NF)	VEGETABLE BAKE (DF) (NF)		BROCCOLI & CAULIFLOWER BAKE	
POTATO CHOICE	JACKET POTATO NEW MINTED POTATO	JACKET POTATO ROAST POTATO	JACKET POTATO ROAST POTATO	JACKET POTATO MASHED POTATO	JACKET POTATO FRENCH FRIES
GF –GLUTEN FREE					
DF – DAIRY FREE					
NF NUT FREE					
DESSERTS	SURUP SPONGE	JAM ROLY POLY	APPLE CRUMBLE EATON MESS	CHEESE CAKE	CHOCOLATE CAKE/SAUCE